

MOOC DIGITAL WORKPLACE		
MODULE 1: SELF-MANAGEMENT		
VIDEO: MOD1_7: <i>Life-long learning</i>		
<p>Script: details of what the course presenter will say. On screen text: ideas, images etc. to appear on screen as and when prompted. Editing notes: notes of what needs to be changed for the next edition.</p>		
SCRIPT	ON SCREEN TEXT	EDITING NOTES
<p>The world is moving very fast and even more so in everything related to technology; to everything digital.</p> <p>You probably already know the term VUCA, which can be used to describe the world in which we live today. It stands for VOLATILITY, UNCERTAINTY, COMPLEXITY and AMBIGUITY. We are constantly challenged to change the way we do things and adapt to our changing environment.</p> <p>For this reason, the professionals who best know how to adapt will be those who keep their jobs in today’s climate; those who are constantly training and developing to keep themselves up-to-date. Those who are dedicated to what we call LONG-LIFE LEARNING.</p>	<p>Card: VUCA Volatility Uncertainty Complexity Ambiguity</p> <p>Card: The professionals who best know how to adapt will be those who "survive" in the labour market.</p> <p>LONG-LIFE LEARNING.</p>	<p>Close-up of the trainer for a few seconds holding a sign showing his/her full name.</p>
<p>Designing our own Personal Learning Space is essential, and thanks to today’s technology, we have a wide range of resources and online platforms that allow us to be constantly learning.</p> <p>For the teleworker, this is even more important, because if he/she does not dominate the tools required to be productive, to communicate well and to work as a team remotely, he/she will not be interesting to today’s employers.</p>	<p>Card: Personal Learning Space</p>	<p>Close-up of the trainer.</p>
<p>And what is it that employers are looking for? Well, fundamentally, you need to have an open mind to learning, have a curious nature, act responsibly and be very proactive.</p>	<p>Card: ALWAYS OPEN TO LEARNING OPPORTUNITIES</p>	<p>Close-up of the trainer walking.</p>

And what else can we do to develop this long-life learning competency?

- Do not be afraid of trying new ways of working or using new tools and/or apps. People are constantly looking for new solutions to everything, to allow us to become more and more competent.
- The philosophy of the digital world is to share, so you should take advantage of social networks, as well as being a reference yourself for others in your field of knowledge.
- Keep up-to-date by reading relevant blogs in your industry. Very often you will discover the latest fads this way, and not by reading a book, as it was the case years ago.
- Nowadays you also have countless free courses (not just on the internet) and MOOCs (mass online courses, like this one) to continue learning. This is a good way of keeping up with new topics.
- If possible, look for mentors in your environment, people who guide you in your development and who maintain your motivation and your spirit of self-improvement.

So if you are flexible enough to work in today's working environment there is much on offer to help develop this life-long learning competency. Being open to all of the above will make you much more competitive in the job market and ensure you find more professional opportunities.

Are you ready?

Card with summary:

- Try new tools and apps.
- Share your knowledge and learn from social networks.
- Read blogs written for your industry.
- Stay up to date with free courses and MOOCs.
- Look for mentors to guide your development.

Close-up of the trainer with the text on one side of the screen (phrases only appear as they are mentioned).